

**GOVERNMENT OF MIZORAM  
HEALTH & FAMILY WELFARE DEPARTMENT  
MIZORAM SECRETARIAT, MINECO, KHATLA, AIZAWL-796001.**

.....

Dated Aizawl, the 3<sup>rd</sup> June, 2020

**QUARANTINE CHUNGCHANGA HRIATTURTE**

**No.D.33011/21/2020-HFW(nCOV)/Vol-I:** Mizoram chhunga Government/Community /Hotel/Home Quarantine Facility a awm tura tihte reng reng chu ni 14 chhung an awm ang.

1. Quarantine-a awm chhung hian Health Department-in kaihhruaina a siamte chu tha taka zawm tur a ni.
2. mCOVID-19 leh Aarogya Setu-ah in register vek tur a ni.
3. Quarantine period (ni 14) zawhah hian Health & Family Welfare Department-a bialtu ten Quarantine period Completion Certificate an pe thin ang.
4. Ni 14 Quarantine period zawh hnu hian inkhuahkhirhna hun chu a tawp ang a, amaherawhchu, mahni in lama hawnga/awm zui zelin Covid-19 natna a lan chhuah leh lan chhuah loh uluk taka mahni inngaihven ( self-monitoring) in kar khat tal hun hman zui tur a ni.
5. Covid-19 laka invenna chi hrang hrang mahni, chhungkua leh khawtlang him nan a zawm tur hrang hrang te - mask tha taka vuah, social distancing tha taka zawm leh kut silfai fo te bakah hriselna kawngah mahni theuh invawn uluk zui zel tur a ni.
6. Hemi chhung hian tuallaiah an leng chhuak tur a ni lova, in lamah inleng an kawm tur a ni lo.
7. Ram lama hna thawka kal chhuah leh thlama ram riah phal a ni.
8. Quarantine a ni 14 awm hnua in lama ni 7 dang self-monitoring tih hi mahni in emaw chhungte inah emaw tih theih a ni.

Hriselna lama harsatna nei chuan heng contact no-ah te hian thu thlen reng theih a ni e :-  
**102 (To11 free) / 0389- 2323336, 0389-2322336, 0389-2318336.**

**Sd/- LALNUNMAWIA CHUAUNGO**

Chief Secretary to the Government of Mizoram.

**Memo.No.D.33011/21/2020-HFW(nCOV)/Vol-I : Dated Aizawl the 3<sup>rd</sup> June, 2020.**

Copy to:-

1. Secretary to Governor, Mizoram.
2. P.S. to Chief Minister, Govt. of Mizoram.
3. P.S. to Minister, Health & Family Welfare Department.
4. P.S. to MLA & Vice-Chairman, Health & Family Welfare Board.
5. Sr.PPS to Chief Secretary, Govt of Mizoram.
6. PPS to Secretary, Health & Family Welfare Department.
7. Secretary, Home/DM&R Department.
8. Secretary, Information & Public Relations Department.
9. All Administrative Departments.
10. All Head of Departments.
11. Principal Director, Health & Family Welfare Department.
12. Director of Health Services
13. Director of Hospital & Medical Education.
14. Director, Zoram Medical College.
15. Director, Information & Public Relations, Aizawl for wide publication.
16. All Deputy Commissioners with a request for wide circulation amongst the VLTFs/LLTFs.
17. All Superintendent of Police, Mizoram.
18. Mission Director, National Health Mission.
19. Controller, Printing & Stationary with six (6) spare copies for publication in the Mizoram Gazette.
20. Municipal Commissioner, Aizawl Municipal Corporation.
21. DDK, AIR, ZONET & LPS for wide publication.
22. Guard File.

**( H.LALENGMAWIA )**

Secretary to the Govt. of Mizoram,  
Health & Family Welfare Department.