

**No.B.13021/101/2020-DMR/Vol-II**  
**GOVERNMENT OF MIZORAM**  
**DISASTER MANAGEMENT & REHABILITATION DEPARTMENT**

\*\*\*

**Aizawl, the 30<sup>th</sup> of September, 2020**

**ORDER**

Whereas, the Mizoram State Disaster Management Authority has reopened more activities in areas outside containment zones vide this Department's Unlock 3.0 Order of even No. dated 31.08.2020, and the State Executive Committee, with the consent of the Chairman, State Disaster Management Authority, Mizoram, has decided to enhance the relaxation;

And whereas, the reopening of more activities will result in increased movement of people and hence, it is felt necessary to continue with the imposition of certain safeguards and measures for the containment of COVID-19 outbreak thereby preventing its further spread;

Now therefore, the undersigned, in his capacity as the Chairman, State Executive Committee, and in exercise of the powers conferred by Section 22(2)(h) & 24(l) of the Disaster Management Act, 2005, hereby orders that the unlock measures appended hereto shall be implemented within Mizoram with effect from 00:00 hours of 01.10.2020 till 23:59 hours of 31.10.2020.

**Sd/- LALNUNMAWIA CHUAUNGO**

Chief Secretary, Mizoram & Chairman,  
State Executive Committee,  
State Disaster Management Authority, Mizoram.

**Memo No.B.13021/101/2020-DMR/Vol-II : Aizawl, the 30<sup>th</sup> of September, 2020**

Copy to:

1. Secretary to the Governor, Mizoram.
2. P.S. to Chief Minister, Mizoram for information.
3. P.S. to Deputy Chief Minister, Mizoram
4. P.S. to Speaker, Mizoram
5. P.S. to all Ministers/Vice-Chairman, State Planning Board/Ministers of State/Deputy Speaker/Deputy Govt. Chief Whip, Mizoram.
6. Home Secretary, Government of India, North Block, New Delhi.
7. Sr P.P.S to Chief Secretary, Government of Mizoram.
8. P.S. to Addl. Chief Secretary, Government of Mizoram.
9. All Principal Secretaries/Commissioners/Secretaries, Govt. of Mizoram.
10. Director General of Police, Mizoram.
11. Commissioner & Secretary, Mizoram Legislative Assembly.
12. All Administrative Heads of Departments, Government of Mizoram.
13. Secretary of all Constitutional & Statutory Bodies, Mizoram.
14. All Head of Departments, Government of Mizoram.
15. All Deputy Commissioners, Mizoram.
16. All District Superintendents of Police, Mizoram.
17. Executive Secretary, LADC/MADC/CADC
18. Superintendent of Police, Traffic, Aizawl.
19. Director, I&PR for wide publicity.
20. Controller, Printing & Stationery with 5 (five) spare copies for publication in the Mizoram Gazette.
21. Guard File.



**(Dr. MALSAWMTLUANGA FANCHUN)**

Under Secretary to the Govt. of Mizoram

 Disaster Management & Rehabilitation Department.

**Order No.B.13021/101/2020-DMR/Vol-II dated 30.09.2020**

A hnuai tarlan 'unlock' inkaihhraina hi 01.10.2020 atanga 31.10.2020 thleng hman tur a ni a, a hma-a inkaihhraina Sawrkarin a lo siam tawh te chu a thlak (supercede) ang.

**I. MIZORAM PUMA INKHUAHKHIRHNA KALPUI TUR TE**

**A. Inter-State leh International Border**

1. Mizoram luhchhuahna Bairabi, Kanhmun, Khawkawn, Vairengte leh Zokhawthar kaltlang kawngpuite chu bungrua leh khualzin phur lirthei tan hawn a ni ang.
2. Lengpui airport chu hawn chhonzawm a ni ang. Commercial passenger flight-te thlawh dan tur chu General Administration Department (Civil Aviation Wing), Government of Mizoram leh airlines-te inrawnin an ruahman thin ang.

**B. Mizorama lo lut te screening leh quarantine chungchang**

1. Mizoram-a lo lut reng reng chu entry point-ah uluk taka *screening* kalpui chhonzawm zel a ni anga, quarantine-na tur hmun ruatah quarantine tur an ni.
2. Screening leh quarantine dan tur fel taka ruahman a nih theih nan Mizoram an rawn luh hma-in mCOVID-19 mobile application *mPASS-flight* emaw *mPASS-road* hmangin an in-register lawk tur a ni.
3. Mizoram-a lo lutte quarantine dan tur chu Health & Family Welfare Department-in inkaihhraina a siam anga kalpui a ni ang.
4. Quarantine-aawm/thlen man, ei leh in man leh test-na man pek dan tur chu Notification No.B13021/101/2020-DMR/Pt-III dated 20.07.2020 leh No.B.13021/187/2020-DMR dated 24.07.2020-in a tarlan angin kalpui a ni ang.

**C. Sawrkar office leh office dangte**

1. Mizoram Sawrkar hnuai office hrang hrang-te chu hawn a ni anga, khaih lak lova hna a kal theih nan thawktute kal dan tur chu Secretary, Head of Department emaw Head of Office theuh ten ruahmanna an siam ang. Office tinah a hnuai tarlante hi khauh takin kalpui tur a ni:
  - a) Head of Department/Head of Office ten khauh takin office chhungah *social distancing* an kalpui tur a ni.
  - b) Head of Department/Head of Office tin te chu office vawn fai leh tih thianghlim kawngah mawphurtu an ni ang a, office chhungah kut silna hmanrua (tui, sahbawn/handwash) an buatsaih ngei ngei tur a ni. Tin, office gate/kawtkaiyah kut silna tur emaw hand sanitizer emaw an dah ang a, office building lut tur reng rengin kut an sil vek tur a ni.

- c) Office dawr tur reng rengin appointment an la hmasa tur a ni. Appointment (phalna) neia office dawrtu ten office an dawr chhung zawngin mask an vuah ngei tur a ni.
  - d) Office building leh a chheh vel uluk takin tih thianghlim (disinfect) thin tur a ni.
  - e) Office hnathawk, damlohna nei sa emaw hrisel lohna bik nei leh nau paite, office kal thei lo te chu chawlh (Commuted Leave) pek theih an ni ang.
  - f) Tul bikah lo chuan meeting neih loh tur a ni. A huhova inrawn/sawiho ngai thil a awm anih chuan a theih chin chinah video conferencing leh online mode dangte hman tangkai hram tur a ni.
  - g) Department emaw office dangte nena indawr tulna thilah chuan e-mail emaw electronic media dang hman hram tum tur a ni.
  - h) Mipuiin online-a office an dawr a, bill te an pek theih nan a theih chin chinah ruahmanna siam tur a ni.
2. Sawrkar office ni lo, office dang te pawhin a chunga inkaihhruaina, 1 (a) atanga (h) te khi an zawm vek tur a ni.
  3. Thu leh awm hma chu Minister-te public interview khar a ni.

**D. Mipui vantlang tana inkhuahkhirhna hriatturte**

1. District headquarters-ah te chuan zan dar **8:00** leh zing dar **4:30** inkarah pawn chhuah khap tlat a ni. Hemi atan hian District Magistrate ten Section 144 CrPC tlawhchhanin thupek an chhuah ang.
2. District headquarters-ah te chuan phalna nei lova vantlang hmuna mi 5 (panga) aia tam awmkhawm khap a ni. District Magistrate ten Section 144 CrPC tlawhchhanin thupek an chhuah ang.
3. Loh theih loh thil anih loh chuan, kum 65 chin chunglam te, taksa hriselna lama harsatna nei sa te (kal/thin thlak, chuap thalo, HIV+ve, zunthlum nasa, thisen sang nasa, lungna, kalna, cancer vei, adt.), nau pai te leh naupang kum 10 (sawm) hnuailam te chu pawn chhuah loh hram tur a ni. Tin, chhungtin ten mahni chhungkua theuhvah hetiang hriselna lama harsatna nei te himna atan ruahmanna an siam tur a ni. Hemi chungchangah hian Health & Family Welfare Department-in kaihhruaina a siam **(Attachment-I)** chu tha taka zawm tur a ni.
4. Mask vuah hi mahni leh midang himna atan a pawimawh avangin midang nena awmhona-ah vuah ngei tur a ni. Pawn (vantlang/puipunna hmun, dawr, office, damdawi in, clinic adt.) chhuak tur reng reng chuan face mask hmangin hmai an tuam ngei tur a ni.
5. Vantlang hmun leh dawra kalte chu metre hnih tala inhlata awm tur a ni.

6. Mizoram pawn aṅga lo lut, quarantine paltlang lo mikhualte tumahin thlen phal a ni lo.

#### **E. Lirthei hmanga zin veivah leh mipui chet vel chungchang**

Mizoram chhung khawkar kawnga khualzin phur lirthei (commercial passenger vehicle) leh city/town bus, taxi, auto rickshaw leh two-wheeler taxi te chuan registration-a seating capacity tarlan aia tam an phur tur a ni lo. Lirthei khalhtute leh an phurh ten face mask an vuah vek tur a ni a, passenger-te hman tur *hand sanitizer* an pai reng bawk tur a ni. Hemi chungchangah hian motor enkawltu (driver/conductor) ten mawh an phur ang. Driver/conductor-in a zing thei ang berin lirthei chhung, ṭhutna leh vawnbante uluk takin an tithianghlim (sanitize) ṭhin tur a ni.

#### **F. Zirna in, sakhaw biakna hmun leh mipui punkhawmna hmun te**

1. School, college, educational leh coaching institution-ah online distance learning kalpui chhunzawm theih a ni. Containment area pawnah chuan pawl 9 aṅga pawl 12 zirlaite chu anmahni duhthlanna-in an zirtirtute rawn turin sikul an kal thei ang. Hemi tur hian an nu leh pa/ guardian te phalna ziakin school-in an la tur a ni a. School-ah hian teaching leh non-teaching staff te chu online teaching/ counseling pe turin 50% aia tam lo kal phal a ni ang. School kal zawng zawngte hian MoHFW-in SOP **(Attachment-II)** a siam chu khauh takin an zawm tur a ni. Tin, school-ah te hian SOP zawm tura tarlan hi a kaihhnawih (concerned) Department ten a zau thei ang berin an thehdarh tur a ni a, a kenkawh chungchangah pawh mawh an phur nghal ang.
2. Industrial Training Institutes (ITIs), National Skill Development Corporation emaw Central Sawrkar hnuaiia Ministry dang emaw State Sawrkar hnuaiia short term training centre anga in-register te chu Skill/ Entrepreneurship training neih phalsak a ni ang a, MoHFW-in SOP **(Attachment-III)** a siam chu khauh takin an zawm tur a ni. Tin, training neihna hmunahte hian SOP zawm tura tarlante hi a kaihhnawih (concerned) Department ten a zau thei ang berin an thehdarh tur a ni a, a kenkawh chungchangah pawh mawh an phur nghal ang.
3. Private skill/ entrepreneurship training institutes (music, computer, puanthui zirna adt.), a chung a sub-clause 2-a tarlanin a huam lohte chu an District awmna DC ten an hmunhma an enfiah hnuah phalna an pe thei ang. SOP zawm tur chu an zawm thei a ni tih ziakin intiamkamna an siam bawk tur a ni.
4. Sakhaw biakna hmunah te chuan mipui punkhawmna huaihawt phal a ni lo. Zing ṭawngṭai inkhawm leh committee/rorel inkhawm erawh chu mi 50 (sawmnga) aia tam lo tan neih phal a ni. Heng inkhawmnaah hian zaiho khap a ni.

5. Mipui ten a hmuna an en theih tur games & sports tournament huaihawt phal a ni lo. Entu mipui punkhawmna tel lo games & sports practice erawh chu neih phal a ni. Amaherawhchu, mi 25 aia tam punkhawm khap a ni.
6. Cinema hall, auditorium, community hall, swimming pool leh hetiang intawllenna hmunte chu khar chhonzawm tur a ni.
7. Mitthi vuina, lungphun, inneihna (man hlan, inneih inkhawm leh reception), anniversary, pawl thila kalkhawmna, book release, etc. ah te chuan mi 50 (sawmnga) aia tam punkhawm khap a ni. Heng hmuna tel te chhinchhiahna kimchang (hming, address, phone number leh kal hun te) ziahna bu/register chu a huaihawttu ten an vawng tur a ni.
8. Mitthi vuina bikah hian chhiatni/ thatni puipunna-a kenkawh tur Sawrkar Order No. B.I302I/101/2020-DMR/Pt-III dated 13.08.2020 in a tarlan heng kaihhruainate hi tha taka zawm tur a ni.
  - a) Mi 50 (sawmnga) aia tam punkhawm khap tlat a ni. Association/pawl aiawh mi 2 (pahnih) aia tam kal loh tur a ni.
  - b) Social distancing a awm theih nan kohhran/community hall emaw veng chhunga hall remchangah invuina hun hman tur a ni. Hemi atan hian mitthi lawina kohhran leh a veng neitu YMA/YLA/MTP/YCA emaw LLTF/VLTF ten ruahmanna an siam ang.
  - c) Mitthi vuina-a kal zawng zawngte hming pum, address leh telephone number chhinchhiah tur a ni a, a remchan dan angin YMA/YLA/MTP/YCA emaw LLTF/VLTF ten ruahmanna an siam ang.
  - d) Chhiatni/thatni puipunna hmunah te zai/zaikhawm loh tur a ni.
  - e) Mitthi vuitu tur chu a theih hram chuan kum lama upa lo leh mi hrisel pangngai a ni tur a ni.
  - f) Mitthi vuina-ah hian kum lama upa te leh hrisel lohna benvawn nei te kal loh tur a ni.
  - g) Mitthi vuina-ah thingpui sem loh tur a ni.
  - h) Chhiatni/thatni-ah mipui kalkhawm ten face mask an vuah vek tur a ni a. Thusawi, thupuan leh tawngtai lai pawhin mask phelh miah loh tur a ni.

#### **G. Bungraw chawkluh leh thiar chungchang**

1. Phai atanga bungraw lalut tur leh rawn phurlut tur reng reng chuan **mCOVID-19** mobile application-a **mPass** hmangin declaration an thehlut tur a ni.
2. Driver leh handyman te chu **Aarogya Setu**-ah in-register vek tur a ni.

3. Driver leh handyman, Mizoram atanga bungraw la tura zin chhuak thin te chuan bungraw lak hna an thawh chhung chu midang nen inchiahpiah lovin an thawk ang a, a tul angin an awm lailawkna tur chu anmahni ruaitu ten an ruahman ang. COVID-19 test negative result an neih veleh **emaw** load an lak hnuhnun ber atanga ni 14 hnu-ah midang nen an intlawhpawh thei ang.
4. State pawn lam lirthei driver leh handyman, phai atanga bungrua rawn thiar lut thinte chu an kalphung pangngai angin khaw pawn hmun remchangah anmahniin eirawng an inbawl chawp ang a, khaw chhungah midang nen inchiahpiah lovin an bungrua an unload zawh veleh an let leh nghal ang. An bungrua unload chhung hian an motor atanga chhuak lovin an awm tur a ni. Hemi chungchangah hian bungraw neitu ten mawh an phur ang.
5. A chung a tarlan driver leh handyman-te hian kawng laka harsatna an tawh thulhah State Control Room (Toll free 1070, landline 0389-2335842/2335837 leh mobile 9366331931)-ah phone-in an harsatnate an thlen thei ang.

#### **H. Dawr leh sumdawna hmun**

1. Bazar, dawr, petrol pump/filling station leh sumdawna hmuna 'social distancing' kenkawh chungchangah a neitu ten mawh an phur ang. Tin, tha taka zawm a nih ngei nan LLTF/VLTF ten anmahni bial chhungah hma an la bawk ang. Tin, heng hmunah te hian a hnuaia tarlan kaihhruainate hi zawm ngei tur a ni:
  - a) Dawrtu leh dawr neitu ten face mask emaw hmanraw dang hmangin hmai an tuam ngei ngei tur a ni.
  - b) Dawrneitu ten faina, a bik takin kut sil fai, an uar tur a ni. Tin, dawrtu te tan hand sanitizer an chhawp ngei ngei tur a ni.
  - c) Mi pathum aia tamin dawr an nghak tur a ni lo. Wholesale dawr leh dawr lian (departmental store)-ah te erawh chuan mamawh dan azirin godown/ store lama thawktu nen mi 6 (paruk) thleng an chhawr thei ang a, a zat chiah erawh chu dawr awmna veng a LLTF/VLTF ten an bituk ang.
  - d) Dawrtu te hming, address, contact number leh an dawr hun chhinchhiahna record fel takin a vawng tur a ni.
  - e) Dawrtu te an intlar a tul changin social distancing an zawm ngeina turin dawr neitu ten ruahmanna an siam tur a ni. Dawr chhungah pawh meter hniha inhlatin an awm tur a ni.
  - f) Loh theih loh thil emaw a hmunhma-in a zir lo a nih loh chuan dawr chhungah dawrtute luhtir loh tur a ni.

- g) A theih chinah pawisa fai inhlan kher lova indawr dan (cashless transaction) hman t̄angkai tur a ni.
2. Gym, beauty parlour, lumehna, spaetc. ah te hian an hmanrua leh equipment uluk taka tihthianglim (sanitize) reng tur a ni. Customer te hming, address, contact number leh dawr hun chhinchhiahnarecord fel takin an vawng tur a ni. Heng hmunah te hian t̄um khatah mi 10 (sawm) aia tam awm phal a ni lova, customer ten social distancing uluk taka an zawm theih nan a neitu/nghaktu ten ruahmanna an siam ang.
  3. Dawr zawng zawng chu (damdawi dawr tiam lovin) tlai dar **7:00** hma-in khar vek tur a ni.
  4. Loneitu leh huan neitute, ran vulhtute, sangha dil neitute leh a thawktute pawh an hnathawhna hmun t̄heuhvah midang nena inhlat taka hna thawh tur a ni.
  5. Mipuiin awlsam zawka thlai leh chawhmeh an hmuh theih nan veng hrang hrangah LLTF/VLTF ten chawhmeh zawrhna tur hmun an ruahman ang a, metre 2 aia in hnaih lo turin t̄hutna an ruahmansak ang. Inrinni-a mipui punkhawm luih luih pumpelh nan kar khatah ni 3 (thum) tal thlai thar leh chawhmeh dang zawrhna hun ruahman t̄hin tur a ni. A t̄ul angin bazar hmun kher ni lo, school kawt zawl, inkhelhna field, tualzawl leh hmun remchangah te ruahmanna siam tur a ni.

## **II. AIZAWL MUNICIPAL AREA BIKALIRTHEI VEIVAH DAN TUR.**

1. Lirthei intlanchhawk dan tur chu Superintendent of Police (Traffic)-in Notification No.RO/TRF/SP-Noti-7/08/514dated 31.07.2020 hmanga a chhuah anga kal tur a ni. October ni 12, 2020 atang chuan lirthei intlanchhawk hun chu zing dar 9:00 atanga t̄lai dar 4:30 inkar a ni ang a, Superintendent of Police (Traffic)-in Notification thar a chhuah ang.
2. Chawlhni (Sunday) ah lirthei t̄lanchhuah phal a ni lo.
3. Chhiat tawh thil leh medical emergency-ah chuan LLTF ten lirthei t̄lan phalna an pe thei ang.
4. T̄ul bikdangah leh Aizawl atanga chhuak leh lut turte tan Superintendent of Police (Traffic)-inphalna a pe thei ang. Phalna hi mCOVID-19 mobile application emaw <https://mccovid19.mizoram.gov.in> hmangin dil theih a ni.

## **III. CONTAINMENT AREA/ZONEPUAN CHUNGCHANG**

1. The Mizoram Epidemic Diseases (COVID-19) Regulations, 2020-in thuneihna a pek- Chief Secretary leh Deputy Commissioner-te lo chuan containment area/zone leh lockdown an puang thei lova, hei hian veng bil lockdown pawh a huam a ni.



2. A ÷ul dan azirin Deputy Commissioner ten an district chungha khawihmun pawh risk assessment mumal tak neiin containment area/zone ah an puang thei ang.
3. Containment area/zone ah te chuan Deputy Commissioner-in thupek a chhuah te chu zawm tur a ni.
4. Containment area/zone pawna lockdown puan a ngai a nih chuan Central Sawrkar rawnin State Sawrkarin a puang ang.

**IV. SCREENING, TESTING, QUARANTINE LEH HRI KAI TE ENKAWL CHUNGCHANG**

COVID-19 testing, quarantine mek leh hri kai te enkawl chungchang, COVID Care Centre, Dedicated COVID Health Centre leh Dedicated COVID Hospital te kalpui dan leh heng hmunhma te tihthianghlim chungchangah chuan Health & Family Welfare Department-in inkaihhraina a siam te chu a ÷ul anga ennawnin khauh taka kalpui tur a ni ang.

**V. HREMNA DAN**

He thupek zawm lo chu Disaster Management Act, 2005 hnuaia Section 51 aṅanga Section 60, The Mizoram (Containment & Prevention of COVID-19) Ordinance, 2020 hnuaia Section 5 leh IPC Section 188 hmangin hrem theih an ni.

Sawrkarin heng thuchhuah a siamte hi a ÷ul dan azirin a ennawnin a tidanglam thei ang.



**(LALNUNMAWIA CHUAUNGO)**  
Chief Secretary & Chairman  
State Executive Committee  
Mizoram State Disaster Management Authority

**Department of Health & Family Welfare, Govt of Mizoram**  
**Covid-19 kara Kum Upate leh Natna benvawn neite (High Risk Group) te fimkhur dan tur**  
**(Sept 2020)**

**Kum Upate leh natna benvawn vei ho te** hi an taksa a chak loh avangin **Covid an kai hma bik** a. An taksa natna dotu an tlakchham avangin covid an kai a nih chuan **an la na (serious) duh bik** a, covid avanga thi tam ber pawh kum upa leh natna benvawn lo vei sa te an ni. Taksa hrisel tha leh kum la naupangte chu an kai a nih pawhin an taksaah harsatna lian tham a thlen lo tlangpui thin. Hei vang hian kum upa leh natna benvawn veite chu **midangte aiin an fimkhur zual bik a ngai a ni.**

**High Risk Group te chu :**

1. Kum 60 aia upate
2. Cancer vei – a bik takin chemotherapy/radiotherapy hmanga enkawl mekte
3. Lung (heart) natna benvawn nei
4. Chuap (Lungs) natna benvawn nei – khuh benvawn, asthma etc
5. Kal (Kidney) natna benvawn nei
6. Thin (Liver) natna benvawn nei
7. Thluak lam natna benvawn nei e.g. stroke, Parkinson’s disease etc
8. Taksa dona (Immunity) nei tlem – HIV/AIDS, Transplant patients damdawi ei mek
9. Zunthlum (diabetes)
10. BP sang (hypertension)

**Engtin nge High Risk Group te an fimkhur zual bik theih ang?**

1. **In lamah awm** deuh chawt a, len chhuah loh a tha ber.
2. **Mi inah len loh** a, inleng pawh neih loh a him ber.
3. Lo theih lohva, midang nen kan inkawm dawn a nih chuan **kan inkarah 3 feet tal** a awm tur a ni a (duhthusam chuan 6 ft), **mask** kan vuah ve ve (theuh) tur a ni.
4. Chhungkaw member leh midangte nen kan ti ti ho dawn a nih chuan **inhlat taka thut** a, **mask** vuah ngei ngei tur a ni.
5. **Puipunnaah** te, chawei khawmnaah te, bazarah te, committee meeting naah te **kal loh** hram a tha.
6. Kan inchungah/ chhungkuaah Quarantine/Isolation lai te, covid-19 dona lama thawkte, chhuak vak nasate an awm a nih chuan an mahni nen chuan **inhnaih taka awm loh** hram tur a ni.
7. Uluk taka sahbawn leh tui hmanga **kutsil** fo tur a ni a; kutsil remchan lohnaah **hand sanitizer** hman thin tur a ni.
8. Midang kan bula an awm a nih chuan tha taka **mask** vuah thin tur a ni.
9. **Hmai, ka, hnar, mit** te kut lawngin khawih loh tur a ni.
10. **Mi khawih hnu** – chanchinbu, pawisa, lekhka, bungrua etc khawih hmain a theih chuan ‘sanitise/disinfect’ ni se, kan khawih zawh veleh kutfai taka sil leh zel tur a ni.
11. **In chhunga thil kan khawih zin** bik – kawngkhar vawna, tui herh haw-na, dawhkan, kawngkhar etc chu a khat tawka tihfai thin tur a ni.
12. Midangte nen **zai ho loh** tur a ni.

- 13 **Khuh leh hahchhiau** dawnin tissue paper/rawmawlin emaw ka hup tur a ni a, a remchan loh chuan kan ban thlep (kiu chunglam) phenah chauh kan khuh/hahchhiau tur a ni.

**High Risk Group te'n Taksa leh rilru hrisel nan engte nge an tih ang?**

1. **Rilru hlim takin** awm tum hram hram ang che.
2. Vawikhatah rei tak tak thutthlengah, TV hmaah emaw, I phone khalin emaw **thu/mu reng lo la**, a khat tawkin dingin **vei kual thin** ang che.
3. **Taksa chet tam** a pawimawh a, a remchan ang angin **exercise** lak thin tur a ni. Nikhata exercise lak chu belhkhawmin **30 mins** a tling tur a ni a, mahni tlin tawh ang zela lak thin tur a ni.
4. **Ei leh In hrisel** a pawimawh a. Ei luat a hlauhawm a, ei insum leh lutuk a tha lo bawh. I taksa mamawh tawh ei thin la, thlai leh thei ei uar rawh. Sa te, mawm leh thaute, thil al (chi) te, thil thlumte insum ang che. Tui in tam a pawimawh bawh. Natna do nan protein lam – sa ti var, sangha, artui var lai, rajma, dal, be, tofu a tha a; thlai leh thei lam a pawimawh bawh. Vawikhatah chaw ei teuh teuh lovin, ei zina ei tlem a tha zawk.
5. Hahdam takin awm la, **mahni nuam tihzawng (hobby)** – music, lekhhabu chhiar, painting etc tih nan hun hmang ang che.
6. **Tawngtaina** hunte, meditation tihna hunte hman thin hi hrisel nan pawh a tha.
7. Phone leh thildang hmangin **thiante, chungte nen inbiak fo** a tha.
8. Social media ah te, TV news ah te **Covid lampang news leh chanchin en tlem** rawh. Chanchin dik lo mi tam takin an thehdarh thin tih hria la, chung lakah chuan inthiarfihlim a tha.
9. I **damdawi** mamawh tur thla hnih daih tal khawh khawm thin ang che.
10. **Harsatna I neih palh a I phone tur** – Emergency number te, Helpline te, doctor I rawntheih tur number te nei sa vek la. I phone ah awlsamte a hmuh turin dah la, ziakin tar bawh ang che.
11. Loh theih loh ah lo chuan **Damdawi ina kal loh** hi a him ber a, mahse a tul viau chuan fimkhur taka kal mai tur a ni.
12. **'E-Sanjeevani OPD'** app hmangin kan phone atangin mahni in atanga doctor specialist te rawn theih turin Mizoram sorkar chuan ruahmanna a siam a. He e-Sanjeevani-OPD app hi download la, a hman dan I chhungte inzirtir ang che.
13. Insawiselna leh harsatna I neih chuan **Covid Helpline (No. 102/ 0389-2323336/ 0389-2322336/ 0389-2318336)** ah phone la, an lo tanpui thei bawh ang che.
14. Rilru hah ngawih ngawih te, lungngaih riaute, hlauhna reh mai lo te I nei a nih chuan Helpline emaw I doctor emaw **Counseling** lama tanpui theitu tur che rawn ang che.
15. Thingtlang lama awmte tan min bialtu **Health Worker/ASHA** te hming leh number neih a tha.
- 16 **Meizuk, vaihlo, zu lakah fihlim** ang che.

8<sup>th</sup> September, 2020

Government of India  
Ministry of Health & Family Welfare  
Directorate General of Health Services  
(EMR Division)

**SOP for partial reopening of Schools for students of 9<sup>th</sup> to 12<sup>th</sup> classes on a voluntary basis, for taking guidance from their teachers: In the context of COVID-19**

**1. Background**

Government of India is following a phase-wise unlocking of activities. In days to come, this would also involve partial resumption of activities in schools for students of classes 9<sup>th</sup> to 12<sup>th</sup> on a voluntary basis, for taking guidance from their teachers. This would be allowed from 21<sup>st</sup> September 2020.

**2. Scope**

This SOP outlines various generic precautionary measures to be adopted in addition to specific measures to be taken when schools are permitting students (for 9<sup>th</sup> to 12<sup>th</sup> class) in the specific context detailed at para-1 above, to prevent spread of COVID-19. All States/UTs are expected to comply with the COVID-19 related guidelines issued by Ministry of Home Affairs and Ministry of Health & Family Welfare.

**3. Generic Preventive Measures**

The generic preventive measures include simple public health measures that are to be followed to reduce the risk of COVID-19. These measures need to be observed by all (teachers, employees and students) in these places at all times.

These include:

- i. Physical distancing of at least 6 feet to be followed as far as feasible.
- ii. Use of face covers/masks to be made mandatory.
- iii. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.
- iv. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.
- v. Self-monitoring of health by all and reporting any illness at the earliest.
- vi. Spitting shall be strictly prohibited.
- vii. Installation & use of Aarogya Setu App may be advised wherever feasible.

**4. All schools (with classes IX to XII) shall specifically ensure the following arrangements**

- i. Online/distance learning shall continue to be permitted and shall be encouraged.
- ii. Students of class 9<sup>th</sup> to 12<sup>th</sup> shall be permitted to visit their school on voluntary basis for taking guidance from their teachers. This will be subject to written consent of their parents/guardians. Such visits and teacher – student interaction must be organized in a staggered manner.

**4.1 Before opening up of the school**

a) Planning of reopening of school

- i. School outside the containment zones only shall be allowed to open. Further, students, teachers and employees living in containment zones will not be allowed to attend the school. Students, teachers and employees shall also be advised not to visit areas falling within containment zones.
- ii. Prior to resumption of activities, all work areas intended for teaching/demonstrations etc., including laboratories, other common utility areas shall be sanitized with 1% sodium hypochlorite solution, with particular attention to frequently touched surfaces.
- iii. Schools that were used as quarantine centres will be properly sanitized and deep cleaned before partial functioning is resumed. Guidelines issued by Ministry of Health & Family Welfare for disinfection of common public places including offices may be referred to in this regard)  
(<https://www.mohfw.gov.in/pdf/Guidelinesondisinfectionofcommonpublicplacesincludingoffices.pdf>)
- iv. The concerned teaching and non-teaching employees (up to 50 % of the strength) may be called to schools for online teaching/tele-counselling and related work.
- v. Students from class 9<sup>th</sup> to 12<sup>th</sup> will have the option of attending the classes remotely/virtually or physically only on a voluntary basis for guidance from their teachers subject to written permission of parent / guardian.
- vi. Instead of biometric attendance alternate arrangements for contactless attendance shall be made by the school administration.
- vii. At all times, the teachers and students shall maintain a physical distancing of 6 feet apart, wherever feasible. Scheduling of activities and seating plan shall be made accordingly.
- viii. Ensure hand washing facilities along with provision of soap.
- ix. For ensuring queue management, inside and outside the premises, specific markings on the floor with a gap of 6 feet may be made. Similarly, physical distancing shall also be maintained in staff rooms, office areas (including reception area), and other places (mess, libraries, cafeterias, etc.)
- x. Weather permitting, outdoor spaces may be utilized for conducting teacher student interactions, keeping in view the safety and security of students and physical distancing protocols.

- xi. Assemblies, sports and events that can lead to overcrowding are strictly prohibited.
- xii. The school should display State helpline numbers and also numbers of local health authorities etc. to teachers /students / employees to contact in case of any emergency.
- xiii. For air-conditioning/ventilation, the guidelines of CPWD shall be followed which emphasizes that the temperature setting of all air conditioning devices should be in the range of 24-30° C, relative humidity should be in the range of 40-70%, intake of fresh air should be as much as possible and cross ventilation should be adequate.
- xiv. Lockers of students will remain in use, as long as physical distancing and regular disinfection is maintained.
- xv. Gymnasiums shall follow MoHFW guidelines (available at: <https://www.mohfw.gov.in/pdf/Guidelinesonyogainstitutesandgymnasiums03082020.pdf>).
- xvi. Swimming Pool (wherever applicable) shall remain closed.

#### **b) Planning and scheduling of activities**

All employees who are at higher risk i.e. older employees, pregnant employees and employees who have underlying medical conditions to take extra precautions. They should preferably not be exposed to any front-line work requiring direct contact with the students.

iGOT online modules training course on 'basic awareness on COVID' ([https://diksha.gov.in/igot/explore-course/course/do\\_313010389971255296164](https://diksha.gov.in/igot/explore-course/course/do_313010389971255296164)) may be undertaken by all employee and students during online interactions or guidance sessions on the first day.

#### **c) Availability and management of supplies**

- i. Appropriate back-up stock of personal protection items like face covers/masks, visors, hand sanitizers etc. shall be made available by management to the teachers and employee.
- ii. Provide an adequate supply of thermal guns, alcohol wipes or 1% sodium hypochlorite solutions and disposable paper towels, soap, IEC materials on COVID.
- iii. Pulse oximeter to check oxygen saturation levels of any symptomatic person must be arranged.
- iv. Ensure availability of sufficient covered dustbins and trash cans
- v. Provision for proper disposal of used personal protective items and general waste in accordance with CPCB guidelines (available at: [https://cpcb.nic.in/uploads/Projects/Bio-Medical-Waste/BMW-GUIDELINES-COVID\\_1.pdf](https://cpcb.nic.in/uploads/Projects/Bio-Medical-Waste/BMW-GUIDELINES-COVID_1.pdf))
- vi. Housekeeping employee to be informed & trained about norms for waste management & disposal

#### **4.2 After opening of the schools**

##### **a) At the entry point**

- i. Entrance to have mandatory hand hygiene (sanitizer dispenser) and thermal screening provisions. Multiple gates/separate gates, if feasible, should be used for entry and exit.

- ii. Only asymptomatic persons (teachers, employees and students) to be allowed in the premises. If a teacher/employee/student is found to be symptomatic, he/she should be referred to nearest health center.
- iii. Posters/standees on preventive measures about COVID-19 to be displayed prominently.
- iv. Proper crowd management in the parking lots, in corridors and in elevators – duly following physical distancing norms shall be organized.
- v. Entry of visitors should be strictly regulated/restricted.

**b) Conduct of guidance activities in the rooms or open spaces within the school campus**

- i. Seating arrangement to ensure a distance of 6 feet between chairs, desks etc.
- ii. Staggering of guidance activities to be done, with separate timing slots, to allow for adequate physical distancing and disinfection of classroom premises
- iii. The teaching faculty will ensure that they themselves and students wear masks throughout the conduct of the teaching/guidance activities.
- iv. Sharing of items like notebook, pens/pencil, eraser, water bottle etc. amongst students should not be allowed.

**c) Conduct of skill based training in workshops/laboratories**

- i. For practical activities in laboratories maximum capacity per session based on redesigned spaces, may be planned and scheduled accordingly.
- ii. Ensure that the equipments have been disinfected, particularly the frequently touched surfaces before and after each use.
- iii. Ensure a floor area of 4m<sup>2</sup> per person is available for working on equipment/work station.
- iv. Ensure that members sanitize their hands before and after using training equipment. For such purpose hand sanitizer should be provided at workstations/simulation labs etc.

**d) Activities in common areas – library, mess/canteen, common rooms, gymnasium etc.**

- i. Physical distancing of 6 feet needs to be maintained
- ii. Persons using the common areas need to use mask/face cover all the time
- iii. Cafeteria/mess facility, if any within the premises, shall remain closed.

**e) Transportation to and from the institution**

If transportation facility is being managed by the school, proper physical distancing, sanitization of buses/other transport vehicles (with 1% sodium hypochlorite) shall be ensured.

**5. Hygiene and Sanitation**

- i. Daily cleaning of the floors shall be taken up.
- ii. Provision of soap in toilets and hand sanitizers in other common areas in sufficient quantity must be ensured.
- iii. Cleaning and regular disinfection (using 1% sodium hypochlorite) of frequently touched surfaces (door knobs, elevator buttons, hand rails, chairs, benches, washroom fixtures, etc.) to be made

mandatory in all class rooms, laboratories, lockers, parking areas, other common areas etc. before beginning of classes and at the end of the day.

- iv. Teaching materials, computers, laptops, printers, shall be disinfected with 70% alcohol wipes.
- v. Deep cleaning of all drinking and hand washing stations, washrooms and lavatories shall be ensured.
- vi. Students and employee should be advised to dispose of used face covers / masks in separate covered bins placed in classrooms, work stations and other common areas. The same may remain stored in the bins for 3 days and disposed of as dry general solid waste after cutting/shredding.
- vii. Students should not be involved in any of the cleaning activities for health safety reasons.

## **6. Risk Communication**

- i. Create awareness to ensure the students do not gather when leaving the school and in their free time.
- ii. Sensitize students, parents, teachers and employees to create awareness on COVID appropriate behavior, as detailed under generic measures above.
- iii. If a student, teacher or employee is sick, they should not come to the school and follow necessary protocols in this regard.

## **7. Psycho-social wellbeing**

- i. Ensure regular counselling is done for students and teachers reporting mental health issues such as anxiety and depression.
- ii. It is advisable that teachers, school counsellors and school health workers should work in unison to ensure emotional safety of the students.

## **8. SOP to be followed in case a student/teacher/employee develops symptoms (fever, cough, difficulty in breathing)**

- i. Place the ill person in a room or area where they are isolated from others.
- ii. Inform parents/guardians as the case may be.
- iii. Patient will remain isolated while wearing a mask/face cover till such time they are examined by a doctor.
- iv. Immediately inform the nearest medical facility (hospital/clinic) or call the state or district helpline.
- v. A risk assessment shall be undertaken by the designated public health authority (district RRT/treating physician) and accordingly further action be initiated regarding management of case, their contacts and need for disinfection.
- vi. Disinfection of the premises to be taken up if the person is found positive.



Government of India  
Ministry of Health & Family Welfare  
Directorate General of Health Services  
(EMR Division)

**SOP on preventive measures to contain spread of COVID-19 in skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies in technical & professional programs requiring laboratory /experimental work.**

## 1. Background

Government of India is following a phase-wise unlocking of activities. In days to come, this would also involve resumption of activities in skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies in technical & professional programs requiring laboratory /experimental work.

## 2. Scope

This SOP aims to enable safe resumption of teaching/ training activities in skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies in technical & professional programs requiring laboratory /experimental work.

As far as **skill or entrepreneurship training** is concerned the same shall be permitted in national skill training institutes, industrial training institutes, short term training centres registered with National Skill Development Corporation or State Skill Development Missions or other Ministries of Government of India or State government, National Institute for Entrepreneurship and Small Business Development (NIESBUD), Indian Institute of Entrepreneurship (IIE), and their training providers.

Similarly, for Higher Educational Institutions conducting PhD or technical and professional programs requiring laboratory / experimental works will be permitted by Department of Higher Education in consultation with Ministry of Home Affairs (MHA).

This SOP outlines various generic precautionary measures to be adopted in addition to specific measures to be taken at these institutes to prevent spread of COVID-19.

## 3. Generic Preventive Measures

The generic preventive measures include simple public health measures that are to be followed to reduce the risk of COVID-19. These measures need to be observed by all (faculty, employees, students and visitors) in these places at all times.

These include:

- i. Physical distancing of at least 6 feet to be followed as far as feasible.
- ii. Use of face covers/masks to be made mandatory.
- iii. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.

- iv. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.
- v. Self-monitoring of health by all and reporting any illness at the earliest.
- vi. Spitting shall be strictly prohibited.
- vii. Installation & use of Aarogya Setu App shall be advised wherever feasible.

**4. All Institutions conducting skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies shall specifically ensure the following arrangements**

- i. Online/distance learning shall continue to be permitted and shall be encouraged.
- ii. Skill or entrepreneurship training will be permitted with effect from 21<sup>st</sup> September 2020
- iii. Higher educational institutions conducting PhD or technical and professional programs requiring laboratory / experimental works will be permitted by Department of Higher Education in consultation with MHA strictly following guidelines as indicated in the SOP.

**4.1 Before opening up of the institution**

a) Planning of reopening of institutions

- i. The institutions conducting skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies shall only be allowed to open if they are outside the containment zones. Further, students and staff living in containment zones will not be allowed to attend the Institution. Students and staff shall also be advised not to visit areas falling within containment zones.
- ii. Prior to resumption of activities, all work areas intended for conduct of skill or entrepreneurship training, doctoral courses and post graduate studies including hostels, laboratories, other common utility areas shall be sanitized with 1% sodium hypochlorite solution, with particular attention to frequently touched surfaces.
- iii. Wherever skill based training on equipments are envisaged to be utilized, place the equipment 6 feet apart, wherever feasible, to facilitate physical distancing. Similarly, utilize any outdoor space by relocating equipment outside like in verandah, courtyard, shed, etc.
- iv. Instead of biometric attendance alternate arrangements for contactless attendance may be made.
- v. For ensuring queue management, inside and outside the premises, specific markings on the floor with a gap of 6 feet may be made and be adhered to.
- vi. The institute should display State helpline numbers and also numbers of local health authorities etc. to faculty /trainees / staff to contact in case of any emergency.
- vii. For air-conditioning/ventilation, the guidelines of CPWD shall be followed which emphasizes that the temperature setting of all air conditioning devices should be in the range of 24-30° C, relative humidity should be in the range of 40-70%, intake of fresh air should be as much as possible and cross ventilation should be there.
- viii. Lockers of students will remain in use, as long as physical distancing and regular disinfection is maintained.
- ix. Gymnasiums shall follow MoHFW guidelines (available at: <https://www.mohfw.gov.in/pdf/Guidelinesonyogainstitutesandgymnasiums03082020.pdf>).
- x. Swimming Pool (wherever applicable) shall remain closed.
- xi. Prominently display signages, posters and standees must indicate the dos and don'ts for the staff and students.

**b) Planning and scheduling of activities**

- i. The academic calendar shall be planned with a view to avoid overcrowding, congregation etc. As far as possible, the academic calendar should promote a mix of regular classes and online teaching/training, assessments
- ii. The day-wise, time-wise scheduling of teaching/training activities may be done in a staggered manner so as to avoid overcrowding at any one location on any day.
- iii. For practical activities in laboratories maximum capacity per session based on redesigned spaces, may be planned and scheduled accordingly.
- iv. All employees who are at higher risk i.e. older employees, pregnant employees and employees who have underlying medical conditions to take extra precautions. They should preferably not be exposed to any front-line work requiring direct contact with the students.

**c) Availability and management of supplies**

- i. Appropriate back-up stock of personal protection items like face covers/masks, visors, hand sanitizers etc. shall be made available by management to the teachers and staff.
- ii. Provide an adequate supply of thermal guns, alcohol wipes or 1% sodium hypochlorite solutions and disposable paper towels, soap, IEC materials on COVID.
- iii. Pulse oximeter to check oxygen saturation levels of any symptomatic person must be arranged.
- iv. Ensure availability of sufficient covered dustbins and trash cans
- v. Provision for proper disposal of used personal protection items and general waste in accordance with CPCB guidelines (available at: [https://cpcb.nic.in/uploads/Projects/Bio-Medical-Waste/BMW-GUIDELINES-COVID\\_1.pdf](https://cpcb.nic.in/uploads/Projects/Bio-Medical-Waste/BMW-GUIDELINES-COVID_1.pdf))
- vi. Housekeeping staff to be informed & trained about norms for waste management & disposal

**4.2 After opening of the teaching/training institutions****a) At the entry point**

- i. Entrance to have mandatory hand hygiene (sanitizer dispenser) and thermal screening provisions. Multiple gates/separate gates, if feasible, should be used for entry and exit while maintaining physical distancing norms.
- ii. Only asymptomatic persons (faculty, employees, students and visitors) to be allowed in the premises. If a faculty/employee/student/visitor is found to be symptomatic, he/she should be referred to nearest health center.
- iii. Posters/standees on preventive measures about COVID-19 to be displayed prominently.
- iv. Proper crowd management in the parking lots, in corridors and in elevators – duly following physical distancing norms shall be organized.
- v. Entry of visitors should be strictly regulated/restricted.

**b) Conduct of teaching activities in the classrooms**

- i. Seating arrangement to ensure a distance of 6 feet between chairs, desks etc.

- ii. Staggering of classroom activities to be done, with separate timing slots, to allow for adequate physical distancing and disinfection of classroom premises
  - iii. Academic scheduling should have intermix of regular classroom teaching and online teaching/assessments
  - iv. The teaching faculty will ensure that they themselves as well as the students wear masks throughout the conduct of the teaching activities
  - v. Sharing of items like laptops, notebook, stationary etc. amongst students should not be allowed.
- c) Conduct of skill based training in workshops/laboratories**
- i. Ensure that the equipment has been disinfected, particularly the frequently touched surfaces before each use
  - ii. Ensure a floor area of 4m<sup>2</sup> per person is available for working on equipment/work station
  - iii. Ensure that members sanitize their hands before and after using training equipment. For such purpose hand sanitizer should be provided at workstations/simulation labs etc.
- d) Activities in common area – library, canteen, common rooms, gymnasium, etc.**
- i. Physical distancing of 6 feet needs to be maintained
  - ii. Person using the common areas need to use mask/face cover all the time
  - iii. Canteens may remain closed as far as possible.
  - iv. Wherever applicable, avoid cash transactions and e-wallets etc may be promoted.
- e) Transportation to and from the institution**
- If transportation facility is being managed by the institution, proper physical distancing, sanitization of buses/ other transport vehicles (with 1% sodium hypochlorite) shall be ensured.

## **5. Hygiene and Sanitation**

- i. Daily cleaning of the floors shall be taken up.
- ii. Provision of soap in toilets and hand sanitizers in other common areas in sufficient quantity must be ensured.
- iii. Cleaning and regular disinfection (using 1% sodium hypochlorite) of frequently touched surfaces (door knobs, elevator buttons, hand rails, chairs, benches, washroom fixtures, etc.) to be made mandatory in all class rooms, laboratories, lockers, parking areas, other common areas etc. before beginning of classes and at the end of the day.
- iv. Teaching materials, computers, laptops, printers, shall be regularly disinfected with 70% alcohol swipe.
- v. Deep cleaning of all drinking and hand washing stations, washrooms and lavatories shall be ensured.
- vi. Students and staff should be advised to dispose of used face covers / masks in separate covered bins placed in class rooms, work stations and other common areas. The same may remain stored in the bins for 3 days and disposed of as dry general solid waste after cutting/shredding.
- vii. Residential buildings, if any, also needs to be sanitized regularly.

## **6. Risk Communication**

- i. Create awareness to ensure the students do not gather when leaving the institute and in their free time

- ii. Create awareness among the students to follow simple preventive health measures like hand hygiene, respiratory hygiene, physical distancing and wearing of masks.
  - iii. Ensure regular counselling is done for students reporting mental health issues such as anxiety and depression
  - iv. If a student, faculty or staff is sick, she/he should not come to institute and follow necessary protocols in this regard
7. **Additional considerations for medical post-graduate students needs to be ensured.**

Post-graduate medical students involved in COVID patient care and in essential non-COVID work shall familiarize themselves with the Infection Prevention and Control protocol guidelines available at: (<https://www.mohfw.gov.in/pdf//National%20Guidelines%20for%20IPC%20in%20HCF%20-%20final%281%29.pdf>) besides guidelines on rational use of Personal Protective Equipment available at : (<https://www.mohfw.gov.in/pdf/GuidelinesonrationaluseofPersonalProtectiveEquipment.pdf> and <https://www.mohfw.gov.in/pdf/UpdatedAdditionalguidelinesonrationaluseofPersonalProtectiveEquipmentsettingapproachforHealthfunctionariesworkinginnonCOVID19areas.pdf>)

8. **Ensure Safe Stay at Hostels, guest houses and other residential complexes**

The measures as proposed above related to use of mask/face cover, hand hygiene, respiratory hygiene, physical distancing norms and environmental sanitation will apply to hostels and other residential buildings.

Further, the following specific points for Hostels/guest houses/other residential complexes shall also be followed:

- i. Students who are not local residents of the city/town, or do not have any support at home, or do not have facility for on-line education may be prioritized for allotment of hostel rooms.
- ii. Since students may be coming from different locations, they shall remain in quarantine and self-monitor their health for a period of 14 days before being allowed to attend classes or as per the policy opted by the State Government for quarantine.
- iii. Screening of every boarder needs to be done before they start staying at the hostel. Only asymptomatic boarders should be allowed to join. Symptomatic boarders shall be isolated in the designated isolation facility at the institute, till such time, they are seen by a doctor.
- iv. Proper crowd management in the hostel as well as in outside premises like parking lots – duly following physical distancing norms shall be ensured. Gatherings/congregations shall continue to remain prohibited.
- v. In shared rooms/dormitories, the beds should be placed at a distance of 6 feet from each other. Temporary partitions may be considered, if feasible. Any symptomatic student should be immediately given a single room and then provided requisite medical care.
- vi. Mess facility, if any within the premises, shall follow physical distancing norms at all times. Staggering of meal timings may be done to prevent overcrowding.
- vii. Hostel should be out of bound for all persons except essential staff with known health status.

**9. SOP to be followed in case a student/faculty/staff develops symptoms (fever, cough, difficulty in breathing)**

- i. Place the ill person in a room or area where they are isolated from others.
- ii. Inform parents/guardians as the case may be
- iii. Patient will remain isolated while wearing a mask/face cover till such time they are examined by a doctor.
- iv. Immediately inform the nearest medical facility (hospital/clinic) or call the state or district helpline.
- v. A risk assessment shall be undertaken by the designated public health authority (district RRT/treating physician) and accordingly further action be initiated regarding management of case, their contacts and need for disinfection.
- vi. Disinfection of the premises to be taken up if the person is found positive.
- vii. If there is clustering of cases in hostel/residential building, inform local health authorities immediately.