

No.C.16011/298/2020-DC(A)/  
**OFFICE OF THE DEPUTY COMMISSIONER**  
**AIZAWL DISTRICT, AIZAWL**  
**(DM&R BRANCH)**

\*\*\*

Aizawl, the 1<sup>st</sup> December, 2021

**ORDER**

Mizoram sawrkar in ni 1.12.2021 atanga ni 15.1.2022 zanlai dar 12:00 thlenga Mizoram chhunga Covid-19 inkaihhraina kalpui dan tur inkhuahkhirhna thupek Vide No. B.13021/101/2020-DMR/Vol-VI dt 30.11.2021-a a chhuah behchhanin a hnuai mi ang hian Aizawl District chhung atan ruahmanna siam a ni a. He inkaihhraina-in a sawilan loh ah te chuan sawrkar-in order/inkaihhraina (SOP) a tihchhuah anga kal tur a ni.

**World Health Organisation (WHO) in Covid-19 hri kaidarh tam lam tehfung a siam ah Aizawl District chu Level-4 (Extreme Risk) ah kan la awm avangin mipui ten hnathawhna hmun hrang hrangah leh chetvel naah mask vuah reng tur a ni a, Covid-19 Appropriate Behaviour (CAB) tha taka zawm reng tur a ni. Punkhawmna hmun hrang hrangah leh bazar thlengin CAB hi uluk taka zawm anih theih nan mipuite fimkhur ila; dan zawm lo te chu The Mizoram Containment & Prevention of COVID-19 Act 2020 hmangin hrem theih an ni.**

1. Loh theih loh thilah lo chuan pawn chhuah leh inlenpawh loh tur a ni. Building khata in hrang hrang luahte pawh intlawhpawh loh tur a ni.
2. Aizawl District chhunga inkaihhraina chu a hnuai tarlan ang hian kalpui tur a ni ang.

Sl. No	ACTIVITIES	AMC AREA	AMC AREA PAWN (BDO AREA)	REMARKS
1.	Sakhaw Biak In leh Inkhawm	<ol style="list-style-type: none"><li>1. (i) Chhun leh zanah Kohhran Inkhawm pangngai neih phal a ni a, zing tawngtai inkhawm pawh phal a ni. (ii) Kohhran Inkhawmpui chhun lamah neih phal a ni.</li><li>2. Kohhran inkhawm leh Inkhawmpui ah a hnuai inkaihhraina hi zawm tur a ni:<ol style="list-style-type: none"><li>a. Kohhran inkhawm/ Inkhawmpui neihna hmuna leng zat chanve (50% seating capacity) tel phal a ni.</li><li>b. COVID-19 symptoms neite chu Kohhran inkhawm/ inkhawmpui ah hian tel loh tur a ni.</li><li>c. Kohhran hruaituten LLTF/VLTF te phungbawma sawmin CAB/ SOP Implementation Committee an din ang a, inkhawmna/ inkhawmpuina hmun leh a</li></ol></li></ol>		Chetvel leh hnathawhna ah hian englai pawhin CAB vawn reng tur a ni a, a theih chin chin ah Covid vaccine full dose la tawh ni thei se.

chhehvel ah CAB leh Advisory uluk taka zawm a nih theih nan hma an la ang.

d. Kohhran inkhawm/ Inkhawmpui-ah hian natna benvawn nei leh kum upa, hriselna chak tawh lote a theih chin chinah awl ni se.

e. **A hnuaia advisory hi uluk taka zawm tur a ni ang:**

**RECOMMENDATIONS BY STATE LEVEL EXPERT TEAM ON COVID-19 MANAGEMENT (SLETOCOM) (Advisory)**

State Level Expert Team on COVID-19 Management (SLETOCOM) chuan a hnuaia tarlan ang hian recommendation a siam:

i) **WHO Warning level 4 kan la ni:** World Health Organisation (WHO) in Transmission Thresholds (Hri kaihdarh tam lam tehfung) a siam level hrang hrang – Level 1 (*low risk*), Level 2 (*medium risk*), Level 3 (*High Risk*) leh Level 4 (*Extreme risk*) ah pawh Mizoram chu Level 4-ah kan awm a, *District mal te tea the pawhin level 4-ah vek kan la awm a ni.*

ii) **Level 4 (Extreme Risk) kan nihna te:**

<b>WHO Tehfung – Warning Level 4</b>		<b>Mizoram pum Dinmun (Nov ni 24 2021)</b>
Kar khat chhunga mipui maktaduai khat zel a positive awm zat	Case 500 emaw a aia tam	2,221
Kar tina za 2ain case pun dan	100% emaw a aia sang	21% in a kiam
Kar tina lâka Test Positivity Rate	5% emaw a aia sang	15%
<i>Heng tehfung 3 zinga pakhatchauh pawh kan dinhmunin a pelh chuan, Warning Level 4, Extreme Risk dinhmunah kan la ding a ni. Hei hian Mizoramah COVID 19 hri a la hluarhle tih a entir.</i>		

Chetvel leh hnathawhna ah hian englai pawhin CAB vawn reng tur a ni a, a theih chin chin ah Covid vaccine full dose la tawh ni thei se.

		<p><b>iii) Tuna kan dinhmunah hian Pathian biak inkhawm, Kohhran Programme dang leh puipunna rêng rêngah-</b></p> <p>(a) a hmunhma zawh tâwk zâtve (50% of Seat capacity) pêla mipui pun khawm a la him rih lo;</p> <p>(b) ei leh in sem leh ruai theh mup mup a la him rih lo va, buatsaih loh ni thei se.</p> <p>(c) hmai tuam that hle tur a ni;</p> <p>(d) kut tihthianghlimna hman uluk reng tur a ni;</p> <p>(e) Mask vuah lova thusawi leh zai a him lo a. Tang taka kan tawng emaw kan zai hian <i>aerosol</i> (chilper sîn tak, boruaka chambâng rei si) kan puh chhuak a. Kha <i>aerosol</i> kha hma zâwn Feet 4 zên zâwn (1.3 metres) thleng kan puh chhuak thei a. Tha taka <i>mask</i> kan hren chuan hma lama <i>aerosol</i> chhuak tur chu kamsir/biang lamah emaw lu lamahte <i>mask</i> chuan a lo dang per a, a lêng thui lo bawk a ni. Kan lo positive a nih pawhin, <i>mask</i> tlanglâwn (<i>surgical mask</i>) chauh pawh uluk taka kan hrên chuan kan chil per atanga midang kan va kaichhawng tur hi 86% 3ain a veng a ni. Chuvangin mi dang hnaiha thusawi lai leh zâi lain uluk taka <i>surgical mask</i> tal vuah thin tur a ni. Mask phelha thil tih ngai (activity) te la tih loh hram tur a ni.</p>	<p>Chetvel leh hnathawhna ah hian englai pawhin CAB vawn reng tur a ni a, a theih chin chin ah Covid vaccine full dose la tawh ni thei se.</p>
<p><b>2.</b></p>	<p>Mipui punkhawm-anniversary, birthday, pawl leh mimal hminga punkhawmna, conference etc</p>	<p>Punkhawmna tur veng LLTF/ VLTF te remtihna nei tan phal a ni. <b>Loh theih loh thilah lo chuan mipui punkhawmna thil huaihawt loh ni se.</b></p> <p>Punkhawmna hmunah a hnuai inkaihhraina hi zawm tur a ni:</p> <p>a. Punkhawmna hmuna leng zat chanve emaw mi 50 aia tamlo (a tlem zawk zawk) tel phal a ni.</p> <p>b. COVID-19 symptoms neite chu punkhawmna ah hian tel loh tur a ni.</p> <p>c. Punkhawmna huaihawttu ten punkhawmna hmun leh a chhehvel ah CAB/ SOP leh Advisory uluk taka zawm anih theih nan hman la ang.</p> <p>d. Punkhawmna ah hian natna benvawn nei leh kum upa, hriselna chak tawh lote a theih chin chinah tel loh ni se.</p> <p>e. Ruai buatsaih phal a ni lo.</p>	<p>Chetvel leh hnathawhna ah hian englai pawhin CAB vawn reng tur a ni a, a theih chin chin ah Covid vaccine full dose la tawh ni thei se.</p>

**f. A hnuai advisory hi uluk taka zawm tur a ni ang:**

**RECOMMENDATIONS BY STATE LEVEL EXPERT TEAM ON COVID-19 MANAGEMENT (SLETOCOM) (Advisory)**

State Level Expert Team on COVID-19 Management (SLETOCOM) chuan a hnuai tarlan ang hian recommendation a siam:

**i) WHO Warning level 4 kan la ni:** World Health Organisation (WHO) in Transmission Thresholds (Hri kaihdarh tam lam tehfung) a siam level hrang hrang – Level 1(*low risk*), Level 2 (*medium risk*), Level 3 (*High Risk*) leh Level 4 (*Extreme risk*) ah pawh Mizoram chu Level 4-ah kan awm a, *District mal te tea the pawhin level 4-ah vek kan la awm a ni.*

**ii) Level 4 (Extreme Risk) kan nihna te:**

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**iii) Tuna kan dinhmunah hian Pathian biak inkhawm, Kohhran Programme dang leh puipunna rêng rêngah–**

- (a) a hmunhma zawh tâwk zâtve (50% of Seat capacity) pêla mipui pun khawm a la him rih lo;
- (b) ei leh in sem leh ruai theh mup mup a la

Chetvel leh hnathawhna ah hian englai pawhin CAB vawn reng tur a ni a, a theih chin chin ah Covid vaccine full dose la tawh ni thei se.

		<p>him rih lo va, buatsaih loh ni thei se.</p> <p>(c)hmai tuam that hle tur a ni;</p> <p>(d) kut tihthianghlimna hman uluk reng tur a ni;</p> <p>(e)Mask vuah lova thusawi leh zai a him lo a. Tang taka kan tawng emaw kan zai hian <i>aerosol</i> (chilper sin tak, boruaka chambang rei si) kan phuh chhuak a. Kha <i>aerosol</i> kha hma zawn Feet 4 zen zawn (1.3 metres) thleng kan phuh chhuak thei a. Tha taka <i>mask</i> kan hren chuan hma lama <i>aerosol</i> chhuak tur chu kamsir/biang lamah emaw lu lamahte <i>mask</i> chuan a lo dang per a, a leng thui lo baw a ni. Kan lo positive a nih pawhin, <i>mask</i> tlanglawn (<i>surgical mask</i>) chauh pawh uluk taka kan hren chuan kan chil per atanga midang kan va kaichhawng tur hi 86% 5ain a veng a ni. Chuvangin mi dang hnaiha thusawi lai leh zai lain uluk taka <i>surgical mask</i> tal vuah thin tur a ni. Mask phelha thil tih ngai (activity) te la tih loh hram tur a ni.</p>		
3.	Zirna In	<p>1. Zirna In: Class-X leh XII board exam turte chu School Education Department thuchhuak angin CAB tha taka zawm chungin school leh hostel hawn phal a ni. Hemi atana hman tur SOP chu School Education Department-in a ruahman ang.</p> <p>2. Training Institute: A hmuna leng zat chanve (50% seating capacity) luah khatin hawn phal a ni.</p>	<p>District Education Officer (DEO) in hrikai dan dinhmun thlirchungin ruahmanna a siam anga, DC pawmpuina a la ang.</p>	<p>Chetvel leh hnathawhna ah hian englai pawhin CAB vawn reng tur a ni a, a theih chin chin ah Covid vaccine full dose la tawh ni thei se.</p>
4.	Board Exam, recruitment exam adt.	CAB uluk taka zawm chungin neih phal a ni.		
5.	Inneih Inkhawm leh Mitthi Vuina	<p>1. Inkhawm neihna hmun-a leng zat chanve emaw mi 50 aia tam lo (a tlem zawk zawk) phal a ni.</p> <p>2. Ei leh in sem phal a ni lo.</p> <p>3. <b>CAB leh Advisory uluk taka zawm tur a ni.</b></p>		

6.	Bazar leh dawr hawn dan	Hawn phal ani.		Chetvel leh hnathawhna ah hian englai pawhin CAB vawn reng tur a ni a, a theih chin chin ah Covid vaccine full dose la tawh ni thei se.
7.	Eichawp dawr	Hawn phal ani.		
8.	Restaurant	Hawn phal a ni. A hmuna leng zat chanve (50% seating capacity) chin phal a ni.		
9.	Hawkers stall	Hawn phal ani.		
10.	Damdawi dawr	Hawn phal a ni.		
11.	Tourist Lodge, Hotel, Homestay leh khualbuk dangte	Hawn phal a ni.		
12.	Public park leh sahan (zoo)	CAB uluk taka zawm chungin hawn phal a ni.		
13.	A huhova pawn chhuah (Luikal, trekking, hiking, adventure sports,adt.)	CAB uluk taka zawmchungin phal a ni.		
14.	Bungraw Load leh Unload chungchang	<p>Phal a ni.</p> <p>Curfew period-a bungrua load leh unload ti tur te chuan DC ah ziakin LLTF hriatpuina nen phalna an la tur a ni a, dilna hi</p> <p>Online in –</p> <p><b><i>dcaizawlpermit@gmail.com</i></b> ah dil tur a ni.</p> <p>Thawktute chet chhuah phalna hi a hranpa in curfew pass, a chung a bungrua load leh unload permit upload telin DC atang vekin he link atang hian an la lehbawk tur a ni-<b><i>curfewpass.ssdd.in</i></b>. Tin, loh theih lovah</p>	VLTF ruahmanna angin.	

		<p>chauh bungraw load/unload permit hi dil tur a ni. Permit pekte pawhin bungrua load leh unload chhungin bungrua an hralh tur a nilo.</p>	
15.	Picnic Spot	<p>CAB uluk taka zawm chhungin hawnphal a ni. Tum khatah mi 50aia tam punkhawm phal a ni lo.</p>	<p>Chetvel leh hnathawhna ah hian englai pawhin CAB vawn reng tur a ni a, a theih chin chin ah Covid vaccine full dose la tawh ni thei se.</p>
16.	Sawrkar office leh hnathawhna hmun hrang hrang	<p>1. Hnathawhna hmunah a huho a thil eikhawm leh ei leh in/ tiffin in ban tawm loh tur. 2. Office room hrang hrang a hnathawkte tul bik thilah loh chuan in kal pawh tam loh tur. 3. Office dawrtute nen CAB uluk taka zawm tur.</p>	

### 3 Bazar chungchang a inkaihhraina:

1. Vaccine la lo leh naupang kum 18 hnuai lam te loh theih loh thilah lo chuan bazar a hruai loh ni se.
2. Aizawl khaw pawn lama chengte tan khawpuia bazar tura kal kher ngai lo turin sumdawngte leh VLTF ten ruahmanna siam ni se.
3. Chhungkua a natna benvawn nei te tan an chhungte pawn chhuak tam lo se, loh theih loh thil a an chhuak anih pawhin CAB uluk takin zawm ni se.
4. Veng/Khaw tin ah Bazarna hmun a darhsarh thei ang berin LLTF/VLTF te leh Bazar thuneitu te nen ruahmanna an siam ang.
5. Mipui te'n CAB tha tak a an zawm theih nan LLTF/VLTF te mipui zirtirna leh hriattirna a theih anga tam puang chhuak tura ngen an ni.

***Mahni leh midangte nun tiderhawng lo turin Covid-19 Symptoms ni thei awm te ( khuh, khawsik, hritlang, taksa na/kham, kawhalo, mit na ) kan nei anih chuan a rang thei ang berin Test theihna hmun hnai ber pan a, in 'test' tur ani.***

  
**(Dr. LALHRIATZUALI RALTE) IAS**  
 Deputy Commissioner  
 & Chairman  
 District Disaster Management Authority  
 Aizawl District, Aizawl.

Copy to:

1. Sr. PPS to Chief Secretary, Govt. of Mizoram.
2. PPS to Addl. Chief Secretary, Govt. of Mizoram.
3. Secretary to Govt. of Mizoram, Home / DM&R Department.
4. Secretary to Govt. of Mizoram, H&FW Department.
5. Municipal Commissioner, Aizawl Municipal Corporation.
6. Sr. Superintendent of Police, Traffic Aizawl.
7. Sr. Superintendent of Police, Aizawl District.
8. Director, I & PR for wide publicity.
9. Incident Commanders/ Executive Magistrates Aizawl District.
10. District Education Officer, Aizawl District.
11. Chairman, Mizoram Kohhran Hruaitu Committee for information & wide publicity.
12. Chairmen, All LLTF/VLTF within Aizawl District.



Deputy Commissioner  
&

Chairman

District Disaster Management Authority  
Aizawl District, Aizawl.



**COVID APPROPRIATE BEHAVIOUR (CAB)**

**COVID-19 laka him tlanna tura kan zawm tur nunphung tha te:**

- 1. Intawk kher lovin in chibai thin tawh ila.**
- 2. Khawiah pawh inhnaihchilh lova feet 6 tal inkarhlat a awm zel ni se.**
- 3. Hmaituamna hmanga hmui-hmai tuam reng ni se.**
- 4. Mit, Hnar leh Ka te khawih loh tur a ni.**
- 5. Respiratory Hygiene vawng la – Khuh leh hahchhiau in hmai hup/tuam rawh.**
- 6. A khat tawkin sahbawn nen fai taka kut sil fo tur a ni.**
- 7. Khawih fo thin hmunhmate tih thianghlim fo thin tur a ni.**
- 8. Chil chhak/pik mai mai loh tur a ni.**
- 9. Tul tak lovah zin/veivah pumpelh rawh.**
- 10. Mi tute mah thlei hrang lo la, Covid-19 vei te thinhrik suh.**
- 11. Mipui punkhawmna pumpelh la, hri lakah him rawh.**
- 12. Social media-a thu veivak nazawng, a dik tih fiah lovin thehdarh ve ngawt suh.**
- 13. Covid-19 lam hawi thu Sawrkara mawhphurtute hnen atanga chhuak ani em tih ngaichang hmasa thin rawh.**
- 14. Hriat duh leh mamawh reng reng chu National Help Line 1075-ah emaw State Helpline 1070-ah emaw Health Department Helpline 102-ah zawtfiah thin ang che.**
- 15. Hripui leng vanga rilru thlabar/phili/chiaite tan rilru lama mithiam rawn ang che.**

**MIZORAM PUMA HMAN TUR INKHUAHKHIRHNA DANGTE**

**1. Mizorama lo lut techungchang :**

- 1) India ram pawn leh India ram hmun dang atanga Mizoram-a lo lut reng reng chu H&FW Department inkaih hrua in asia mangin Mizoram an loluh na (Point of entry)-ah uluk taka screening tih tur a ni a, a tul dan azirin Rapid Antigen Test (RAGT) hmanga endik an ni ang. Entry point-a screening, testing leh quarantine fel taka ruahman a nih theih nan mCOVID-19 mobile application *mPASS-flight* maw *mPASS-road* hmangin an in register lawktur ani. RAGT positive te chu enkawl dan tur dinglai (Protocol) angin enkawl zui tur an ni. Hetiang hian Mizoram atanga zin chhuak, lo haw leh te pawh endik vek tur an ni ang. Home quarantine leh Hotel quarantine dil duh tan online-in <https://mcovid19.mizoram.gov.in>-ah a dil theih tawh bawk.
- 2) State pawn atanga thlawhna emaw lirthei emawa lo lutte hian VLTF/LLTF te hriatpuina leh kha lak kher a ngai lo vang. Mizoram an luhna atana *mPass*-a an in register-na chu an thlenna tur (destination) thlen nan pass angin an hmang thei ang a, hmun dang kalkual/tlawh kual nan *mPass* chu hman phal a ni lo. Amaherawh chu, an thlen hma-in an veng/khua LLTF/VLTF te an hriattir law kang.

**1.1. Quarantine & Isolation :**

Quarantine leh isolation chungchang chu H&FW Department-in inkaih hrua ina an siam anga kalpui tur a ni.

**1.2. Lirthei hman dantur :**

Lengpui Airport atanga zin chhuak leh lo lutte chuan mimal lirthei bakah commercial passenger vehicle dangte an hmang thei ang. Motor uluk taka tih thi anghlim (sanitize) thin tur a ni a, driver leh passenger ten uluk takin lirthei chhungah face mask an vuah reng tur a ni. Kalkawngah midang nena in-contact tura din khawmuan loh tur a ni. Tin, motor hmanga Mizoram lo lut te leh Aizawl pela district danga kal turte chu an motor hman lai hmangin an kalna tur hmun an pan nghal tur a ni.

