

**GOVERNMENT OF MIZORAM
HEALTH & FAMILY WELFARE DEPARTMENT**

Dated Aizawl, the 24th October, 2021.

**NOTIFICATION
(Guidelines for Covid-19 test)**

No. D. 33011/21/2021-HFW(nCOV)/Pt.I/10: Following the recommendations of the State Level Expert Team for Covid-19 Management, and in supersession of the Guidelines for testing for Covid-19 dated 18.10.2021, the following guidelines are hereby notified for strict compliance by all concerned with immediate effect until further order:—

1. **Persons to be tested for Covid-19:** All persons belonging to the following categories shall be tested for Covid-19 as follows:
 - 1.1 All person entering the State of Mizoram, as per the standing SOP for screening at Entry Points.
 - 1.2 All persons who have **symptoms of Covid-19** (regardless of vaccination status of prior Covid-19 infection, etc), such as – fever, sore throat, cough, rhinitis, diarrhoea, anosmia (reduced or loss of sense of smell) and shortness of breath (SOB), should be tested immediately with Rapid Antigen Test (RAgT).
 - 1.3 Close contact/ primary high risk contact (*persons who have been within a distance of 6 feet of confirmed Covid-19 case for at least 15 minutes without any protection such as face mask*) should be tested with **RT-PCR/ TrueNat within 5-10 days** following the known exposure to someone with suspected or confirmed Covid-19 case.
 - **Fully vaccinated persons** shall also be tested, however, it is not necessary to quarantine such persons during the said period of 5-10 days; they should strictly follow Covid Appropriate Behaviour (CAB) instead.
 - **Persons who have recovered from Covid-19 within the last 3 months** do not need to get tested even if they have been exposed to confirmed Covid-19 cases, **unless** they develop new symptoms; **however, if they are family members of a Covid-19 patient and are under ‘Home Isolation’, they shall follow the latest SOPs for Contact Tracing and Home Isolation.**
 - 1.4 Persons who have been advised by their healthcare provider or authority concerned for Covid-19 test.
2. **Testing:**
 - 2.1 Record of sample collection shall include the **date and time** (hour and minutes) of the collection and the same shall also be indicated in the Test result/ certificate.
 - 2.2 **Confirmatory test (re-test) is not required for any positive RAgT test result.**

- 2.3 If the result of RAgt test of a **symptomatic person** is **negative**, he/ she should be tested again with RT-PCR / TrueNat immediately.
 - 2.4 If any **symptomatic person** tested **negative** with RT-PCR/ TrueNat has **fever with temperature of $\geq 100.4^{\circ}$ F, or SpO₂ (blood oxygen level) of <94% or worsening cough**, he/ she should be referred to the **nearest Hospital/ Doctor**.
 - 2.5 **All positive and negative results** of Covid-19 tests shall be **uploaded** in the **ICMR portal** by the testing agency **on the same day of the test** positively.
 - 2.6 **All persons tested positive for Covid-19 by any method**, including 'self-test' shall report the matter to the Local/ Village Level Task Force concerned, and **seek/ follow advice** from the nearest CMO/ MO concerned **or** the Helpline at telephone Nos. **102/ 0389 2323336/ 0389 2322336/ 0389 2318336**.
3. **No dead body of any person should be tested for Covid-19.**

 24/10/24.

(R. LALRAMNGHAKA)

Secretary to the Government of Mizoram
Health & family Welfare Department.

Copy to:

1. Secretary to the Governor, Govt. of Mizoram.
2. P.S to Chief Minister, Govt. of Mizoram.
3. P.S. to Deputy Chief Minister, Govt. of Mizoram.
4. P.S to Speaker, Ministers, Deputy Speaker, Ministers of State, Deputy Govt. Chief Whip, Vice Chairman, Lunglei HPC, Vice Chairman, State Planning Board.
5. P.S to MLA & Vice Chairman, H&FW Board.
6. Sr. PPS to Chief Secretary, Government of Mizoram.
7. PPS to Secretary, Health & Family Welfare Department.
8. PPS to Secretary, Home/DM&R Department
9. All Deputy Commissioners, Mizoram.
10. Principal Director, Health & Family Welfare Department.
11. Director, Health services.
12. Director, Hospital & Medical Education.
13. Director, Zoram Medical College, Falkawn.
14. Director, Information & Public Relations for wide circulation.
15. Mission Director, NHM.
16. All Medical Superintendents.
17. All Chief Medical Officers.
18. All Covid-19 Testing Hospitals/ Laboratories/ Agencies – for strict compliance.
19. Controller, Printing & Stationeries with five (5) spare copies for publication in the Official Gazette.
20. Web Manager, IT Section, Directorate of Health Services.
21. Guard file.

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